A GCSE CONUNDRUM:
WHICH OPTIONS TO CHOOSE?
YOUR LUTTERWORTH YEAR
STARTS HERE
THE YEAR 7 EXPERIENCE
YEAR 11: CAN IT
EVER BE ANYTHING
LESS THAN
STRESS?
WHICH LUTTERWORTH
TRIBE ARE YOU?
THIS YEAR'S ANSWER TO
FORTNITE?
SPORTING SUCCESS WITH THE
BBC
PHILOSOPHY WITH KELLER (THE
OTHER ONE!)
POETRY FOR THE SOUL
PROUD TO BE ME
LET'S GET
ARTY!
YOUR MENTAL HEALTH
QUESTIONS ANSWERED!
Editor’s Note

Welcome

I am delighted to welcome you to the newest edition of our school magazine, Sapere Aude, with a fantastic new team at the helm (and the remarkable Eleanor Pilkington still showing us newbies how it’s done!). We hope that we have covered a range of exciting items to whet your appetite for the year ahead in this edition, from looking forward to events happening at Lutterworth College to getting your hands on your latest video game obsession! We want to celebrate all our students achieve at Lutterworth College but also be there to support you when times get a little tough. That’s why we have covered topics as diverse as the wonderful artwork of our Year 7s to what it really means to be part of the LGBTQ+ community. Hopefully, there will be enough here to keep you smiling, keep you focused and to keep your brains ticking over until our next issue in Spring.

I would just like to take the opportunity to thank all of the students and staff who make Sapere Aude possible and invite you to come and join our team which meets on Wednesday lunchtimes at 1:40pm in O1. We are always looking for creative and enthusiastic collaborators to add their unique perspectives to our vision.

Until Spring, when we’re hoping things will have warmed up a bit, enjoy the issue!

Mrs C Bennett - Editor-in-Chief

Oliver Woolley and Heather Elliot (Year 12): Sub-editors

Eleanor Pilkington (Year 13): Creative Director

Lucy McDonagh (Year 9): Lead Features writer

Jamie Sanderson (Year 9): Contributing writer

Jacob Grage and Billy Watson (Year 7): Entertainment writers

Molly McDermott (Year 11): Contributing writer

Freya Buckley (Year 11): Features writer

Albert Keller (Year 8): Contributing writer

Many thanks to contributing poets and artists.
The Year 7 Experience

By Billy Watson and Jacob Grage

Do you remember when you first came to Lutterworth College, your first day? Do you remember your first few classes, whether it was five years ago or a few months ago? Well, we are two new Year 7s and we are going to tell you about the first few weeks of our Year 7 experience.

At our primary schools, everything was different, from getting to school in the morning to the size of it all, but we were lucky to have a smooth transition into Year 7. The changes that Lutterworth College has brought into our lives are all positive. We particularly love the change in, and variety of, lessons.

Coming into Lutterworth filled us with some nerves, however we soon made many new friends. Everybody we have met has been so welcoming and we have developed many strong friendships which, even now, we think will stand the test of time.

We also had Bushcraft at the start of term, which was very eventful. We were put into completely random groups with only a few people who we knew.

We then went off to different camps and made some new friends, got into tents and delved into the woods. It was a very good experience with the food, the games, the adventures, everything!

We also had the fun things like Tribes’ Got Talent (a superior version of the Simon Cowell classic), the end feast and so many laughs.

Even if you didn't to Bushcraft there was still lots of fun to have at school as the staff offered lots of the more widely considered fun subjects like Computing and P.E. They even make Maths and English fun by structuring different games to help us learn and feel we weren't missing out. Therefore, even if you didn't feel comfortable going to Bushcraft there was still other fun stuff you could do and no sense that you were missing out or being punished because you hadn't gone. Even if you decide against going to Bushcraft you are still in for a really great week.

“Coming into Lutterworth filled us with some nerves, however we soon made many new friends.”
As well as that, in the first few weeks, there are all the tests and assessments you are shoved in to help them find out which set you are in. You worry you could be at the top or at the bottom, but, going forward, knowing that you’re in the best place to help you thrive is really reassuring.

Overall, Year 7 can be a shock to the system but has a lot to offer those who embrace it. I hope we can continue to thrive until the end of the year…

“They even make Maths and English fun by structuring different games to help us learn.”
Choosing GCSEs? Well, Here’s Some Advice

By Lucy McDonagh

When it comes to choosing your GCSEs, it can become a really hard and pressurised decision to make and I admit it was difficult for me to choose what I was going to do in this mind-boggling situation!

Luckily for all you young, aspiring students, I am here to help you along that road of uneasiness and help you make the right decision for you personally. Here’s a few steps to helping you guys, in Year 8, to make the right choices for your future. But first: a little bit of how I managed to choose my options as this will give you some context as to my own personal experience.

When it came around to choosing my options for Year 9, I became slightly worried about my decision every step of the way, but I had an idea of what I wanted to do and where I wanted to take myself. It was a lot of pressure choosing them before Christmas as I was to do them the following year in January. Of course, there were some subjects that I really didn't want to do but that didn't get in my way of choosing the subjects I enjoyed the most. Many of my friends now are doing the subjects that I didn't choose and that is okay as it means that I can get my head down and get the grades I want. You may also be wondering what I’m doing for GCSEs too. I’m doing Media with the lovely Mrs Bennett, who is out of this world, and the wonderful Mr Eason, Art with the amazing Mrs Jephcote and the astounding Miss Riley, Dance with the most inspiring Miss Hebb with Mrs Hodges (who is officially back in December! We can't wait! She is a superb teacher) and to top it off, French with the awesome Dr Caballero. Media is partly about studying what makes something so eye-catching to an audience but I’m not going to go into too much detail as you will have an assembly on it at some point. It was a hard decision to make but with my step-by-step guide, I’m sure all of you will be more certain on what you want to choose for your GCSE options. Let us begin…

Step 1:
The first step to choosing your GCSEs is to pick either Combined Science or Triple Science. The difference between the two options is simple but also significant. If you want to do Combined Science, it is worth 2 GCSEs, but you will still do all 3: Physics, Chemistry and Biology. If you decide on doing Triple Science, it is twice as intensive but it is worth 3 GCSEs instead. With Combined Science you only have 2 teachers; this may be a good thing for you as you get more attention and you are able to ask questions if you are unsure of what they are teaching you, whereas in Triple you will need to understand slightly quicker than in Combined or you may struggle. I would only recommend doing
It was a lot of pressure choosing them... there were some subjects that I really didn’t want to do
Who Rules the School?

By Lucy McDonagh and Freya Buckley

Two students give their thoughts on tribalism at Lutterworth College...

Throughout Lutterworth College, there are many different classes of people. This is emphasised by the mass of students that the college holds. Due to the amount of students they can be split into many different ‘societies’. These societies contain tribes of people and you may be wondering what tribes I am talking about and where you fit!

The hierarchy starts with the group of students who ALL have phones and rely on their friendships more than the air they breathe. These students are called the ‘Popular ones’ but can be frustrating when being popular takes precedence over everything. We know this is just a phase guys! Getting them on side means they are the life and soul, and it’s good when the Popular Ones are creating a positive influence.

Another group of students that always wants to learn are the ‘Nerds’ and they are stereotyped to wear glasses and be super intelligent. The smarter students in your classes would also be called the ‘Geeks’ as they seem to know everything and always know the answers to every equation. We are all secretly a bit jealous of how easy it seems to them, but guess they must work super hard and deserve their success!

Now onto the football and rugby players. These groups of students are referred to as the ‘Jocks’ of the school too. They always crush on the ‘Popular ones’ and sometimes end up dating a cheerleader of the school team that is ‘fit’ and someone they are possibly close to. Yep – this is where ‘leafy Lutterworth’ is just like an early Lindsay Lohan film!

Another Perspective...

The school tribes. The cliques. Here at this school we pretend they don’t exist and that’s true...to an extent because they are faded.
still dry and you don’t really know what to think, what to wear or how to act.

What you wear and how you act is a pretty big factor when it comes to what clique or tribe you belong to. If you’ve got that latest Adidas bag and that new North Face coat then you know what clique you belong to; if you listened to the latest Babymetal record and are over the moon that My Chemical Romance are back then it’s clear where you belong. But after that it gets blurry and people mingle between them.

One year you could be on a high, known by everyone for the best reasons and this is great for some, but for others it can get too much. The drama and the constant thought that someone hates you might be thrilling and the life blood for you but for someone else, they might need something more permanent and more supportive. So, whether you opt for the big friend group and relentless changing enemies or choose to stay on the down low and just get through school so you can return to your real friends, you are in two separate, equally clearly defined groups. However, like I said previously there are the ones in between. The ones that flip between the two. Sometimes these can feel like they don’t belong anywhere, with friends from both sides, who are they meant to hang with? It might take a few years but eventually you find out where you belong and I’m not saying that it means the heartbreak stops and the betrayal concludes, I just mean that there will be somewhere for you to turn to, if the struggle gets real.
Reviews: What Will Be the New Fortnite?

By Jacob Grage

The game Fortnite thrilled us all with hours upon hours of pressing buttons and exercising fingers, but is there any new contenders this winter? Are there some new games that could maybe give our addiction a new focus for our parents to shout about?

Call of Duty: Modern Warfare
The Call of Duty series has definitely made us buy and download the game in our thousands in the past few years, but will this year’s new release make us ALL buy it, especially after the Fortnite population has died down a bit lately?
The new gunfight mode is apparently a 2v2 battle to the death with fast, furious gameplay and with only one life, death probably would be the logical conclusion! Plus, the new single player game mode also coming to the new game is an intriguing addition.

Fifa 20
Now that the new Fifa is out, everyone wants to see what the latest addition to the Fifa series is and whether they would like to buy the 2020 version of the game, which apparently, has some cool, new, creative pitches with some brand new game modes.
The largest addition to the game, would be the new Volta Football game mode with 3v3 gameplay and, with the loud music pounding in your ears, this game mode is not to be missed, although the story mode part of it isn't exactly great. But that is just scratching the surface as the game has a lot of updated squads, custom kick offs and more! Definitely maybe worth a try or download the free demo.

Borderlands 3
The Borderlands series has been another one of the many first-person shooters we have been introduced to throughout the past few years. But, will this year’s version have new qualities to convince us to convince
our parents to part with their hard-earned cash? Will this game get near the impact of Fortnite or not?

Shooting and looting is apparently better than all the other Borderland games, plus the absurd amount of content on the multiple planets for this new game is a real clincher. It also sounds like it is ‘more than good enough’ for this new game to not be ignored. Although fifty quid is a steep asking price (and so say all the parents reading!).

To summarize:
There are a lot of good, big games coming out this winter, not forgetting the other smaller games like The Outer Worlds, Need for Speed: Heat, Doom Eternal and much, much more that could be to your liking. Maybe you could find a hidden gem in one of these smaller games, and then be able to tell your mum not to worry because Fortnite is over for good!

“Are there some new games that could maybe give our addiction a new focus for our parents to shout about?!”
Proud to be ME - What it Means to be LGBTQ+

By Jamie Sanderson

As a person who identifies as a member of the LGBTQ+ community, I have certainly had my fair share of experiences and difficulties.

I hope to educate the wider community about what it means to be part of this great bunch of diverse people, one newspaper article at a time.

It’s amazing that there still exists a lot of hearsay and confusion around what it means to be LGBTQ+ so the first article in my series is designed to make sure you know your Ps from your Qs. Or indeed, your L from your G from your B from your...you get the idea.

Let’s start with the first letter of the one of the most commonly known names for our community, L. Now, most people know that this stands for lesbian but not all and some also don’t know its exact meaning. Lesbian means a girl that feels attraction to other girls, not any other gender. Though some non-binary people identify as lesbians, the most common definition is that of a girl that is attracted to other girls.

Now, G. G stands for gay which is not an insult and should never be used as one. Gay is an umbrella term for anyone who experiences attraction to the same gender as them but is also a term for men who experience attraction to men.

The B stands for bisexual, which describes a person who experiences attraction to two or more genders, not to be confused with pansexual. Bisexual people aren’t confused, don’t need to pick a side and they certainly don’t need to prove to you that they are bisexual.
T stands for transgender, which is when people feel they have been born in a body that doesn't match their minds. Transgender (can be shortened to trans) people can class themselves as trans because any variation from sex and gender assigned at birth counts. There is no wrong way to be trans, except if you discriminate against others that are also part of the community.

The Q stands for queer, which used to be an offensive term but is now a word some people use to describe anyone in the community.

The + includes multiple identities including pan (attraction to anyone, regardless of gender), ace (when someone feels no or limited amounts of sexual attraction), demi (when someone only feels attracted to someone that they have formed a strong emotional bond with) and non-binary (identifying as neither male nor female but as someone outside the typical binary, recognised with the pronoun ‘they’).

I know it seems a lot to remember but we are hoping we live in a time, or are moving towards a time, where people don’t have to try to get their heads round this. Your sexuality and gender should be a normal and unremarkable factor of everyday life.

I hope this has been educational and you can now re-enter the world with this useful new-found knowledge, a little wiser, a little more sensitive, and a little more open to others who might be different from you.

Until next time!

“Your sexuality and gender should be a normal and unremarkable factor of everyday life.”
What’s Going On At LC?

By Billy Watson

With a new year coming up at Lutterworth College, it can be hard to know all that is going on, but this is the perfect guide to know exactly what’s coming up and what to expect in this current year.

Previous events:
The sports at Lutterworth College has definitely started on a high. The teams have already played many successful matches. The scores of our recent fixtures are listed below:

**Manor football**
- Year 7: 5-2 win
- Year 8: 4-1 loss
- Year 9: 10-2 win

**Countesthorpe football**
- Year 7: Loss
- Year 8: Loss
- Year 9: 3-3 draw
- Year 10: 2-1 loss
- Year 11: 3-0 win

**Countesthorpe netball**
- Year 7: 9-3 loss
- Year 8: 9-2 win
- Year 9: 6-3 win
- Year 11: 30-2 win

These are only a few of our results; the teams have done amazingly in these past few weeks to come away with such great results. Well done! Now we will take a look at some of the star players to look out for:

**Harvey Godsmark-Ford**
He plays football for Leicester City and is also the captain of our Year 11 football team! We could have our next Jamie Vardy on our hands!

**Jess Neville**
Jess is a Year 11 netballer and she also plays football for Aston Villa. It’s pretty impressive to be amazing at one sport but to be bossing it at two is awesome!

One of our year 7 football players says “I am really enjoying playing for the football teams and I’ve made so many new friends!”
**World Challenge:**
The world challenge is an exciting event starting in 2021 and is based around a trip of a lifetime to Vietnam and Cambodia. However, this isn't just a jolly holiday; there is a catch! Students will learn so many new skills like:

- Imagination
- Planning
- Organizing
- Budgeting
- Marketing
- Promotion
- Booking flights

These will all benefit them in their future. Each student will have to raise £4050 for them to go on the trip and the work starts now.

Whilst on this trip they will learn and interact with different cultures as well as trekking through the jungle or rice fields. There is also an opportunity to do some charity work which could include working in a school helping develop facilities and even working with the elephants in an elephant sanctuary. How cool does that sound?

This trip sounds like a great opportunity to learn about the world and its cultures and students will gain experience in many different areas that will help along the way. **Get fund raising!**

Phew –how exciting is all of that! That is all for now, but we will be back in our next update to make sure you know what's going on around you.
This academic year is the first time that the Art Department has given all year 7 Art classes the opportunity and support to create a Christmas design that can be purchased on cards, gift labels, poster calendars or mugs. For every item ordered we raised a £1 for the school which has given us the total of £175 being raised which will be used towards whole school projects. We are really proud of all the students that have taken part and the amazing creative designs that they have come up with. More photos of the art work created can be found on our Art Twitter page @ARTatLC.
The Big Draw 2019

Each year for the past 3 academic years the Art department has taken part in and celebrated the Big Draw Festival. This is a drawing charity that encourages schools, colleges and work places to put on community events to encourage the love of drawing at all levels.

This charity raises money to provide all students with art materials so that everyone can access drawing for the fun of it. The Big Draw is a national drawing festival that takes place all over the country each year from 1st October-1st November each year to encourage anyone and everyone to draw. This is an event for those who love to draw, as well as for those who think they can’t! The Art department were very pleased with the turn-out of people at this year’s event on Saturday 26th October and hope to see as many people get involved in next year’s event.
Stresses of Year 11

By Freya Buckley

Ironically, this article was a few days late due to the stresses of Year 11. Endless revision activities lead to endless nights leading to endless consumption of caffeine after trying to remember what sleep and energy felt like.

After that first mock in Year 10, assessments became a part of your life, controlling every part of your social life like it's going out of fashion. Then you listen to your elders and teachers and mentors: ‘you've got to have a break at some point’ they say, but this roughly translates to ‘come for dinner for ten minutes before disappearing to the abyss that is your bedroom in which you used to play hide 'n seek and in which you now cry over the maths you can't do to save your life’.

On a cheerier note, if I hear someone say one more time that, 'it's only for a year’ God only knows what'll happen. 'It's only for a year’ are the only reassuring words you hear now but is it true? Yes! I know we don't like to but if we listen to our parents and other adults, we would know that adulthood is (most of the time) better than this GCSE trauma and trial. Think about it, when we are adults, we can go wherever we want, whenever we want. We can go on holiday, buy pets, go on a night out. So when you have a bad day at school or you fail a mock exam and your grandma tries to make it better by saying 'school's the best time of your life,’ just think that in three years you could be by the beach or succeeding in subjects you really enjoy, and live your life without the intimidation of an exam invigilator breathing down your neck.

Not only do we have to juggle revision with our social life, we must keep steady relationships with family and friends. If there is someone in your life right now who just absorbs all the energy out of you… there is not much you can do about it. You either have to suck it up and hope they don't go to college with you or you can face up to it. At any other time in your life I would normally say: face the person, tell them your problem, but right now, at this point in your life you don't have time to be thinking about your multiple annoying classmates; only think about yourself. I know that for some of you thinking
about yourself is easy but for others: think about what’s best for you and not your best friends.

You know when you have those days where it’s stressful and the only thing that gets you through is the thought of bed and your favourite TV show? Well, every day in Year 11 seems like this except you can’t go home and go to bed; instead you have the: non calculator, language, fieldwork based, composition, theory side of every subject in one week. Before you know it your Show My Homework list is as long as the night before your first exam and you’re in over your head and the light at the end of the tunnel, as they say, seems to have gone out! But this is finite and will end, with a positive result, if you recognise the transient nature of this period of time. There is no way under or over, just through.

Long story short, cherish Years 7, 8, 9 and even 10 because once you’re in Year 11 there is no more messing about with your friends, no more weekends where you watch five films and no more sleep… you know… unless you want to fail. But Year 11 does bring with it a wealth of opportunity, if you are honest and realistic about its challenges and recognise we all experience it at some point!

“So when you have a bad day at school or you fail a mock exam... just think that in three years you could be by the beach or succeeding in subjects you really enjoy.”
Why Do Women Have an Interest in Playing Football?

By Lucy McDonagh

In recent years, in football, there has been an exciting change in how we view the sport and who plays it. The BBC have taken such an interest that they recently have been to see a women's football team train near Battersea, London, reflecting the new and welcome focus on the ‘beautiful game’ across the globe.

Women and young girls from a very young age have found a new passion for the sport, challenging all stereotypes that have occurred in many years before this. The most damaging stereotype that is held against any females playing football is that it is only a sport for boys and men to play. This has excluded girls from being active whilst doing something they love. South London Laces are just one of the teams who are challenging this old-fashioned and outdated view.

When was this new team created?
The team was brought together by two lovers of football themselves whose names are Beth Towle and Emily Hill. They decided that it would be good for the girls of the team to have the BBC come and watch them train, after being involved with the project since 2016

When did the BBC visit happen?
It happened on Wednesday 2nd October 2019 to demonstrate to the UK that it is okay to have girls play football and that it is okay to support girls’ teams too. The BBC went to film them train because they wanted to get the message across to keen young female footballers everywhere. They followed this up with a journey to the epicentre of British female football…Lutterworth College!

Have you met her yet?
Have you met the new football sensation and captain of the school team? She goes by the name of Olivia Hancock and her road to footie stardom has not been easy! Not only has she received verbal abuse she experienced physical intimidation, and name calling. But this hasn’t stopped her. What people don’t know about Olivia is that she has travelled to Brazil to help school students have a taste of what the sport called football is and what it feels like. When she isn’t focusing on playing football, she is very focused throughout her school life too. This enables Olivia to have a strong relationship and bond with her classmates, like myself, to support and to help Olivia achieve to the best of her ability. We’ll certainly be cheering her on from the sidelines, just like the BBC did!
Poetry

Fear

By anonymous

It’s that time of year
Halloween is finally here
With the pumpkins giving off fear
Children go round knocking
Knock knock knock
And what is that knocking
That people hear
Is it just scary or creepy

Or is it just fear.

Bees

By Sion Carwyn Pope

O’er the mountain, across from the trees,
Is where I find my honey bees.
They bumble and buzz on knobbly knees
And hover, and float as they please.

They rise a few degrees,
When we enforce our almighty
Wishes, though it is a sleaze,
That is simple the way things be!

"Like rain they cover the ground, lightly
We tip-toe over the bodies, and around.

Like rain they cover the ground, lightly
We tip-toe over the bodies, and around.
Our plants begin to wilt, and the
Culprit? Know that, we,
Us, are to blame.
Though we do know,
After we go
Out planet will return the same.
Does that excuse our actions?
No. It shows our morals are low."
Hands
By Elizabeth White

Hands
They are creators;
They are busy, soft and strong co-ordinators.
They hold old chuckles
And secrets stashed between their wily knuckles.
They give donations;
As coins or handshakes, waves or ovations.
In gold, bangled,
With constellations of freckles, spangled
And white scars,
A neat network of manual memoirs.
They clutch time,
Touch Earth, on every surface, climb –
They graze the air
And glance the sun: their prints are everywhere.
They are destroyers;
Of large and loud, man-made machines, employers.
They are frightening
And bear permanent purple forks of lightning.
And wear blades – ten –
Which stab and scrape and scratch time and again.
They pull the strings
And smarten us with smacks and ruthless stings.
Their appetite,
Insatiable is no worse than their bite.
Atop their wrists
The red and rugged hinges swing to fists
And weak as wind
Or gripping tight, vicelike, sand-paper-skinned;
Like dungeon chains
Which whip and lash and sizzle forth red stains
And purple bruises
From the hands to which one always loses.
(But there’s one thing
About hands. They never touch our brains

The Monster Under the Bed
By Alex Neilson

When I go out, on Halloween
Night, scaring is what I do (and the occasional egg,) above all.
But when I get home,
I go up to bed, I open the door; I realise I’m not on top. IT is. IT.

Under the bed. IT. My
Childhood fear. IT is fear. Fear. The word doesn’t taste good in my mouth. Fear.
Ugh. This IS what I am scared of. Fear. Ugh that word again. Fear. IT is the monster under the bed.
Mental Health

By Molly McDermott

People’s mental health always seems to suffer when they start at school - or more specifically - secondary school. And, in my opinion, this is the time when we need the most support: especially from schools themselves.

I always thought that our school handled mental health and talking about mental health quite well… But that's just one opinion, so I asked some of the people in my year what they thought about the mental health support on offer and about their mental health: and these are the results that I got.

I asked 10, rather different, people 3 questions:

Has your mental health declined since you started secondary school?
If so, why do you think it has? Do you want to see more mental health support/awareness in the school?

Out of the 10 people, 100% of them said their mental health has declined or changed for the worse in some way. Some said it was more drastic than others but it could even be they just feel a lot more stressed now they're in secondary school. Even more revealing was the question of ‘why’. In response, my peers gave the following responses: The stress of lessons and/or homework, drama between friendship groups and even social media. Most people (7/10) said that schoolwork was the main cause in their decline in mental health; then 5/10 also said about friendship groups and what stresses they cause and only 2/10 mentioned social media, although this may be more to do with its pervasive influence than objective reality.

However, the interesting thing came when I asked if they thought we need more mental health support/awareness in the school. 6/10 people said yes but 4/10 said no. This did intrigue me as it was a pretty even split on, what seems to me, a burning issue. Most people said no because, positively, they felt - like me - that there is already quite a lot of support available to us already. Some also said no as mental health isn’t a thing you want to constantly talk about in case people start to think there's something wrong with them and swiftly lead to labelling because they identify with a certain set of issues. People often feel it’s this big and scary thing… which it isn’t.

Mental health can seem an overwhelming term and it can be quite big deal, but talking about it is okay. It’s actually really good. There's always been a stigma around talking about how you feel - but I’m aiming for these articles to get rid of that. I want the school to be able to support people struggling with mental health; I want people to feel welcome to talk about how they feel and I want to help people not to be confused or scared about talking about this. This is partially why I’ve started to write this ‘series’ - if you will.

I want to answer people’s questions about mental health and help it become okay to talk about your feelings and for it to become normal.

This was just an introduction and I hope you enjoyed it and will enjoy the other articles that are to come!
The perception of honour is more of a perspective than a state of mind; honour represents respectful enquiries of privilege or generosity.

The state or a state of honour seems as a simple concept: it's about respect and privilege. Well, simple enough to be honest; however, to comprehend what honour truly is we must look towards traditions throughout history.

For example: in the medieval ages there was a privilege of oaths given for squires to further become rightful knights; this was chivalry, a prime example of honour through respectful combat. Although this seems odd, this was a basic simplistic agenda of rules such as: never attack an unarmed opponent or do not torture your opponent.

The paradox of these seemingly understandable rules is that honour was or is a myriad of different meanings. To be dishonourable, you must be disrespectful like purposely disrespect someone or the past.

However, it can also mean the respectful act of understanding, for example, if someone is in trouble or in a possibly life-threatening situation, and you attempt to save them or help them, then you are committing an honourable act of generosity through respect and kindness or thoughtfulness.

Most acts of respect come through emotions; for someone to be emotionally attached to someone as a friend, then that person must exhibit a sense of respect for the friend in question meaning that they are being honourable, through doing something for someone else through expressing generosity and thoughtfulness.

Overall, honour is a sense of righteous understanding through thought; it can be conveyed via generosity and pure acts like being a humanitarian to society or remembering the dead or someone who gave their lives for others to thrive.